

ASSOCIATED SURGICAL SPECIALISTS

95 ARCH STREET, SUITE 150

AKRON, OHIO 44304

330-564-0728

TWO DAY PREPARATION FOR COLONOSCOPY

(1) PURCHASE AT DRUGSTORE

SIX BISACODYL 5 mg Tablets (Dulcolax, Equate tablets, Correctol, etc)

ONE bottle Magnesium Citrate, 10 oz (Citroma Lemon Lime or Cherry**)

ONE Fleet enema (regular green box)

(2) TWO DAYS PRIOR TO PROCEDURE

DATE: _____

8:00 P.M. - Take **THREE BISACODYL** tablets by mouth with an 8 oz. glass of water

YOU MAY HAVE A REGULAR DIET ALL THIS DAY

(3) ONE DAY PRIOR TO PROCEDURE

DATE: _____

Clear liquid diet all day (**no milk or solid food**). You may have any volume of clear liquids today until bedtime

RECOMMENDED CLEAR LIQUID DIET:

Bouillon
Canned beef or chicken broth
Plain Jell-O (any flavor except for BLUE)
Coffee, tea with sugar - no milk
Life Savers or other hard candy
Gummi candy
Carbonated beverages (any flavor)
Kool Aid
Tang, Cranberry Juice, Apple Juice
Popsicles, Lemon Ice, Italian Ice (any flavor)
Gatorade
Honey

****BE AWARE THAT RED OR PURPLE COLORED LIQUIDS MAY APPEAR IN THE STOOL GIVING THE APPEARANCE OF BLOOD ****

12:00 N Drink EIGHT ounces of water or clear liquid

2:00 pm Drink EIGHT ounces of water or clear liquid

4:00 pm Drink EIGHT ounces of water or clear liquid

PLEASE CALL _____ should you have any questions at 330-564-0728

6:00 pm Drink EIGHT ounces of water or clear liquid

7:00 pm Drink TEN ounces of Magnesium Citrate - the entire bottle - which is easier to drink if chilled - **followed by EIGHT ounces of water**

10:00 pm Take THREE BISACODYL tablets by mouth with 8 ounces of water

12:00 Midnight. Drink EIGHT ounces of water by mouth - if you are still up, otherwise, drink this glass at bedtime. You may have clear liquids until bedtime or midnight

DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT

(4) DAY OF PROCEDURE

DATE/TIME: _____

YOU MAY TAKE PRESCRIPTION MEDICATIONS WITH A SMALL AMOUNT OF WATER THE MORNING OF THE PROCEDURE

One hour before leaving for the hospital use ONE Fleet enema

BRING A FRIEND TO DRIVE YOU HOME (THIS IS HOSPITAL POLICY)

REPORT TO:

SUMMA – ACH GROUND FLOOR ADMITTING AND REGISTRATION (IN THE HOSPITAL)

SUMMA SPECIALTY SURGERY CENTER (SSC) 95 ARCH STREET GROUND FLOOR (SUITE G55)

AT TIME: _____

If a polyp was removed or a biopsy was performed, please call in 4-5 days to obtain the results if you do not hear from our office.

NOTES _____